

AHIMSA IS AN INITIATIVE THAT ADVOCATES FOR SELF-LOVE AND EMPOWERMENT FOR EVERYONE. IT INVOLVES DEVELOPING THE CONFIDENCE AND STRENGTH TO SET REALISTIC GOALS AND FULFILL ONE'S TRUE POTENTIAL. EVERYONE HAS STRENGTHS, WEAKNESSES, AND SKILLS THAT ARE USED IN EVERYDAY SITUATIONS, BUT ALL TOO OFTEN PEOPLE REMAIN UNAWARE OF, OR UNDERVALUE, THEIR TRUE ABILITIES.

WE ARE GROWING COMMUNITY EDUCATORS AND ADVOCATES TO PROMOTE HEALTHY RELATIONSHIPS THAT INCREASE SELF-LOVE, EMPOWERMENT, CONFIDENCE, AND PEACE.

AHIMSA PROVIDES QUALITY CULTURALLY, AND LINGUISTICALLY APPROPRIATE INFORMATION, HEALTH, AND SOCIAL SERVICES.

AHIMSA'S SERVICES ARE CONFIDENTIAL AND FREE.\*

## CONTACT AHIMSA4YOU@GMAIL.COM FOR MORE INFORMATION

## ADVOCACY

LEGAL ADVOCACY

MEDICAL ADVOCACY

SAFETY PLANNING

24-HOUR HOTLINE

CASE MANAGEMENT SERVICES

LANGUAGE ASSISTANCE

BENEFIT ASSESSMENT

FINANCIAL PLANNING

EMERGENCY SHELTER REFERRAL

HOUSING REFERRAL

COUNSELING AND SUPPORT SERVICES

## LEGAL ASSISTANCE

REPRESENTATION OF VICTIMS IN CRIMINAL COURT
OBTAINING PROTECTION ORDERS
IMMIGRATION ASSISTANCE
HOUSING ASSISTANCE
FAMILY LAW (DIVORCE, CUSTODY, JUVENILE)